

Communicable Illness Plan for Baltimore Woods Summer Nature Day Camps

Illness Prevention at Camp

Monitoring each of our own health is one step in taking care of our community. Families are asked to monitor their own temperature for the week before they arrive at camp and self-screen for the presence of evolving symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, rashes, sore throat, vomiting, etc.). If your child has any active symptoms of communicable illness, do not come to camp until cleared (in writing) by your child's physician. Call us to speak with the Assistant Health Director with any questions prior to coming to camp.

Hygiene

Upon arrival at camp, all campers and camp staff will wash their hands. Additionally, campers and staff will wash their hands both before and after lunch. Hand sanitizer is available for campers throughout the day, as well.

Restrooms and portable toilets will be disinfected daily.

Daily Health Screening

When you arrive at Baltimore Woods each morning, you will be directed into the main parking lot, where camp staff will conduct a mandatory health screening at your vehicle. This will include a visual check of your child's general disposition and a set of questions regarding your child's recent health history including exposures to communicable diseases and symptoms of illnesses (including COVID-19, flu, colds, stomach bugs, strep, polio, vomiting, diarrhea, fever, rashes, etc). Monday morning health screenings will be more in depth while Tuesday - Friday screenings will focus on any changes since the previous day.

Campers who are exhibiting symptoms of illness will be excluded from camp until cleared, in writing, by their physician to return. Symptoms that we look for are new coughs, runny nose, headaches, fever over 100.4, vomiting, loss of appetite, rashes, nausea, diarrhea, sore throat, eye infections, etc.

Campers who have had a known recent exposure to illness will be more closely monitored for emerging symptoms throughout the camp day.

Campers who have known exposures to COVID-19 or who are exhibiting symptoms of COVID-19 should follow the CDC guidelines for that illness, including masking, testing, and isolation.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

Chronic Illness

Chronic illnesses, like seasonal allergies, asthma, long COVID, etc should be documented on camper medical records before arrival at camp and will not exclude participation. Please contact us at the email addresses below if you need help updating your records. This should be done more than 10 days before your scheduled camp week.

Illnesses While at Camp

If a camper becomes ill during the camp day, the following will happen:

1. Counselors will notify the Assistant Health Director of the developing symptoms
2. Counselors will find a comfortable space for ill campers to rest, preferably outdoors, while maintaining at least 6 feet of physical distance from other campers, until the ill camper can be escorted to the camp health office in the Interpretive Center.
3. The Assistant Health Director will conduct a visual and verbal investigation into the symptoms
4. If necessary*, the Assistant Health Director can consult with Dr. Marshall, our off-site Health Director
5. If necessary*, the camper's parents will be called by phone to come pick their child up and seek the advice of their family physician.
6. Campers sent home due to illness must be cleared, in writing, by their physician before being allowed back into camp.
7. Some illnesses, as diagnosed by your physician, may need to be reported to the Department of Health. Camp parents must inform camp health staff of any diagnoses of campers who were sent home sick.

*It will be left to the discretion of the camp Health Director and Assistant Health Director to determine if a camper needs to be removed from camp.

Outbreaks at Camp

Some illnesses, and any illness trends occurring at camp may be considered an "outbreak", or outbreak risk, and must be immediately reported to the Onondaga County Department of Health. Camp staff will keep written records of illnesses and daily health screenings to identify trends as quickly as possible. The Department of Health can close the camp program for illness trends deemed to be an outbreak.

The Baltimore Woods Summer Nature Day Camp program is licensed, as required by the NYS Department of Health. The program will be inspected twice this summer and inspection reports are on file at:

Onondaga County Health Department, Division of Environmental Health
John H. Mulroy Civic Center
12th Floor, 421 Montgomery Street
Syracuse, NY 13202
Telephone: (315) 435-6617

Questions can be directed to healthdirector@baltimorewoods.org, camp@baltimorewoods.org, or by calling 315-673-1350 during camp hours.