



**Baltimore Woods
Nature Center**
Nature in your hands

Revisiting Nature

Take a moment, close your eyes, and think back on the time you spent in nature this year. Do any specific places stand out? It might be a new trail you found this year or an old favorite, a spot next to a specific plant in your backyard, a space in the forest where the sun shines through the trees, or a babbling brook that washes your worries away.

If you can, go back to visit that place in person. How has it changed since you were there last? Draw a picture or write below what it looked like the first time you visited it this year and what it looks like now. Write about why this place in nature stands out to you and what it means to you. Revisit it again next year in a different season to notice even more changes! Share the nature spaces you have revisited with us on social media or at connect@baltimorewoods.org.

First Visit

Revisit

First Visit	Revisit