



**Baltimore Woods
Nature Center**
Nature in your hands

Sound Mapping

Sound mapping is a great activity to connect your senses to the world around you. Bring a journal with you and find a place to sit or stand on one of the trails at Baltimore Woods. Place an X on your paper, this will represent where you are. Close your eyes for a few minutes and listen. Every time you hear a sound, use a symbol to represent that sound and place the symbol on your paper in the direction and general distance from yourself that you heard the sound. Use different symbols to represent different sounds, a wavy line could be the symbol for wind, a music note could be the symbol for a bird song.

Try this activity on different trails at Baltimore Woods, see if you hear more sounds or different sounds on one trail compared to another.

