



**Baltimore Woods
Nature Center**
Nature in your hands

Recycled Paper Seed Bombs

With just some scrap paper, water, and seeds you can make a wonderful gift for family and friends. Try to use seeds of native plants such as scarlet bergamot, coneflowers, or butterfly weed. Be sure to read the instructions on the back of the seed packet to find out when you can toss your seed bombs outside.

Materials:

Scrap paper

Water

Strainer

Containers or bowls

Newspaper & drying rack

Blender or food processor

Seeds

Step 1: Tear up scrap paper into small pieces and put into a container. Add just enough water to cover the paper. Wait an hour or allow to soak overnight.

Step 2: Add a handful or two of soaked paper to a blender or food processor (do not fill more than 1/3 of the blender). Add water until it is about 1-2 inches above the level of the soaked paper. Blend until you get the consistency of oatmeal.

Step 3: Place a strainer in a bowl and pour paper mixture into strainer. Mix it around with your hand to encourage the water through the strainer, but do not press and squish water out. You just want to strain some excess water out, but not all of it. Put lightly strained mixture into a container or bowl.

Step 4: Add desired seeds to mixture. You can mix seeds together if they have similar growth needs or separate the mixture into different bowls and add different seeds to each one. Mix thoroughly with hands.

Step 5: Take a small handful of the mixture and squeeze it into a ball, allowing excess water to drip out. Flatten the ball like a pancake and place on a drying rack or stack of newspaper. Place out in the sun to speed up the drying process.

Step 6: Allow them to completely dry before sending them off to friends, family, or your own garden! Follow the seed packet instructions for planting (if you are giving them to someone, include planting directions for them).