



**Baltimore Woods  
Nature Center**  
*Nature in your hands*

# Indoor Plant TCL

Since it is too early to start working out in your garden, turn your attention to your indoor plants. They have been relatively inactive all winter long, but now they'll be stretching their roots and stems. Assess whether they need repotting, pruning, or repositioning. Check out this website for more detailed information on how to get your plants ready for spring.

<https://pistilsnursery.com/blogs/journal/spring-indoor-plant-care-5-steps-to-happier-houseplants>

Don't have any indoor plants? Start growing some from food scraps or start a windowsill herb garden.

There are so many vegetables that can be regrown from the parts you typically don't use. Follow this link to find out more about regrowing food scraps!

<https://www.ruralsprout.com/regrow-vegetables/>

Windowsill herb gardens can be started from fresh herbs you already have in your fridge or from seeds. Simply place the herb you want to grow in some water and wait for roots to grow. Then plant the herb in soil and harvest the leaves whenever you need them. If you are growing from seeds, be sure to follow the instructions on the back of the seed packet so you know what your plant will need.

