

Planting a Seed

Planting seeds and watching them grow is a fun springtime activity for the whole family! This is a great way to see the plant life cycle in action. You can choose any seed variety to grow but a few vegetable seeds that will germinate quickly are beans, peas, radishes, squash, and lettuce. You can also grow flowers, a few annual flowers that germinate quickly are marigolds, cosmos, and zinnias.

Below we have outlined general steps for planting seeds but make sure you read the seed package for more specific directions.

Things you will need:

- A container (small pots or cups work great, make sure whatever you use has a drainage hole).
- Potting soil
- Seeds of your choice
- Water
- Plastic covering



Planting the seeds:

1. Fill your containers with the potting soil, wet the soil with the water.
2. Plant your seeds in the soil as deep as the package says, plant 2-3 seeds in each container
3. Cover container loosely with a clear plastic cover to keep the moisture in and keep the air humid.
4. Set on a sunny windowsill and wait!
5. Water the soil if it becomes dry to the touch.
6. Once the seeds begin to sprout, take the plastic covering off.
7. Keep in a sunny window for the plant to be able to grow.
8. Once it is consistently warm out and there's no longer the threat of frost, take your plants outside!